

Aggression Questionnaire (Buss & Perry, 1992)

Instructions:

Using the 5 point scale shown below, indicate how uncharacteristic or characteristic each of the following statements is in describing you. Place your rating in the box to the right of the statement.

- 1 = extremely uncharacteristic of me
- 2 = somewhat uncharacteristic of me
- 3 = neither uncharacteristic nor characteristic of me
- 4 = somewhat characteristic of me
- 5 = extremely characteristic of me

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|------|---|--------------------------|----|
| 1. | Some of my friends think I am a hothead | <input type="checkbox"/> | A |
| 2. | If I have to resort to violence to protect my rights, I will. | <input type="checkbox"/> | PA |
| 3. | When people are especially nice to me, I wonder what they want. | <input type="checkbox"/> | H |
| 4. | I tell my friends openly when I disagree with them. | <input type="checkbox"/> | VA |
| 5. | I have become so mad that I have broken things. | <input type="checkbox"/> | PA |
| 6. | I can't help getting into arguments when people disagree with me. | <input type="checkbox"/> | VA |
| 7. | I wonder why sometimes I feel so bitter about things. | <input type="checkbox"/> | H |
| 8. | Once in a while, I can't control the urge to strike another person. | <input type="checkbox"/> | PA |
| 9.* | I am an even-tempered person. | <input type="checkbox"/> | A |
| 10. | I am suspicious of overly friendly strangers. | <input type="checkbox"/> | H |
| 11. | I have threatened people I know. | <input type="checkbox"/> | PA |
| 12. | I flare up quickly but get over it quickly. | <input type="checkbox"/> | A |
| 13. | Given enough provocation, I may hit another person. | <input type="checkbox"/> | PA |
| 14. | When people annoy me, I may tell them what I think of them. | <input type="checkbox"/> | VA |
| 15. | I am sometimes eaten up with jealousy. | <input type="checkbox"/> | H |
| 16.* | I can think of no good reason for ever hitting a person. | <input type="checkbox"/> | PA |
| 17. | At times I feel I have gotten a raw deal out of life. | <input type="checkbox"/> | H |
| 18. | I have trouble controlling my temper. | <input type="checkbox"/> | A |
| 19. | When frustrated, I let my irritation show. | <input type="checkbox"/> | A |
| 20. | I sometimes feel that people are laughing at me behind my back. | <input type="checkbox"/> | H |
| 21. | I often find myself disagreeing with people. | <input type="checkbox"/> | VA |
| 22. | If somebody hits me, I hit back. | <input type="checkbox"/> | PA |
| 23. | I sometimes feel like a powder keg ready to explode. | <input type="checkbox"/> | A |
| 24. | Other people always seem to get the breaks. | <input type="checkbox"/> | H |
| 25. | There are people who pushed me so far that we came to blows. | <input type="checkbox"/> | PA |

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|-----|--|--------------------------|----|
| 26. | I know that “friends” talk about me behind my back. | <input type="checkbox"/> | H |
| 27. | My friends say that I’m somewhat argumentative. | <input type="checkbox"/> | VA |
| 28. | Sometimes I fly off the handle for no good reason. | <input type="checkbox"/> | A |
| 29. | I get into fights a little more than the average person. | <input type="checkbox"/> | PA |

Scoring

The two questions with the asterisk are reverse scored.

The Aggression scale consists of 4 factors, Physical Aggression (PA), Verbal Aggression (VA), Anger (A) and Hostility (H). The total score for Aggression is the sum of the factor scores.

References

Buss, A.H., & Perry, M. (1992). The Aggression Questionnaire. *Journal of Personality and Social Psychology*, 63, 452-459.